

Reading List — Books & Newspapers

ENTRANCE PREP

Session 2026–27

Strong readers learn faster, remember longer, and write sharper answers. This guide keeps your reading plan **simple, exam-friendly, and effective** for CBSE and defence entrance prep (RIMC, RMS, Sainik/AISSEE, JNV/APS, NDA, CDS).

► We are a **CBSE school with entrance coaching**—not a military training centre. Study and fitness routines are structured, balanced, and age-appropriate.

How to Use

1. Pick **one newspaper** (English or Hindi).
2. Add **one monthly + one atlas**.
3. Keep **one story or biography** at a time.
4. Follow the **Daily 20–30 Minute Plan** below.

Daily 20–30 Minute Plan (10–10–10)

- **10 min Headlines:** circle 6–8 key items only.
- **10 min Deep Read:** write a 4-line summary.
- **10 min Vocab + Map:** 5 new words + 1 map point.

Note format (SNIPP): *Summary · Numbers · Institution · Place · Person*.

Recommended Newspapers & Bulletins

English

- *The Hindu* – editorials + national issues
- *Indian Express* – Explained section
- *Mint/Business Standard* – economy basics

Hindi

- *Dainik Jagran*
- *Dainik Bhaskar*
- *Hindustan*

Govt/Authentic

- **PIB** – schemes & updates
- **Yojana / Kurukshetra** – 2–3 articles monthly
- **India Year Book** – use index selectively

💡 Don't chase too many sources. Pick **1 newspaper + 1 monthly** and stay consistent.

Atlases & Map Aids

- *Oxford School Atlas / NCERT Atlas*
- Wall maps for India + World near the desk
- Map practice: rivers, dams, parks, capitals (5 pins/day)

Grammar, Vocabulary & Writing

- *Wren & Martin* – short daily drills
- *Word Power Made Easy* – 15 mins, 4–5 days/week
- Writing file: précis, letters, notices, 1 editorial summary/week

By Class (CBSE Focus)

Classes VI–VIII

- Stories: Ruskin Bond / R.K. Narayan
- Biographies: A.P.J. Abdul Kalam (junior)
- GK: Children's yearbook + atlas
- Target: 2 pages + 1 map point daily

Classes IX–X

- Biographies: **Wings of Fire** (youth), Milkha Singh
- GK: India states/districts basics
- Target: 1 article/day + 1 diagram/map

Classes XI–XII

- Newspaper: Hindu/Express (editorial + Explained)
- Economy: Mint/BS (budget, RBI basics)
- Target: 30–45 mins daily + 1 long read on Sunday

By Exam

- **RIMC:** daily editorial summary + biography + atlas
- **RMS/Sainik:** story + yearbook + maps
- **JNV/APS:** light story + GK booklet
- **NDA/CDS:** editorials, defence news, vocab drills

Defence & Leadership Reads

- A.P.J. Abdul Kalam – **Wings of Fire**, **Ignited Minds**
- Field Marshal Sam Manekshaw – biographies
- Exploration/Science – ISRO, environment
- Habits/Focus – simple discipline guides

Monthly Plan

- Weeks 1–3: daily plan + weekly editorial

- Week 4: revise with Monthly Capsule (GK page)
- 1 book/month: biography or story collection
- 1 map theme/month: rivers, ports, parks

How Parents Can Help

- Set a quiet reading corner (chair, lamp, atlas nearby)
- Switch off phones during 20-min reading slot
- Ask: "Tell me the story in 4 lines"
- Celebrate finishes with small tokens

Downloadables

-  Reading Tracker (Monthly) · [Download PDF]
-  Editorial Summary Template (SNIPP) · [Download PDF]
-  Vocabulary Journal Sheets · [Download PDF]

Quick FAQs

How many books at once? One. Finish it, then pick the next.

Is Hindi reading okay for NDA/CDS? Yes—add one English editorial daily.

Which newspaper is best? The one you actually read daily.

I forget what I read. What now? Write 4 lines + 1 map point daily.

Need a Starter Pack?

-  Call/WhatsApp: 98121-97229
-  Message: Contact Page
-  Visit: Sec D, Defence Colony, Opp. Gugga Marhi, Kalerheri, Ambala Cantt, Haryana

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